





MARCH 2023



REQUEST INFO

www.PolarityAustralia.com

PLAN FOR:

March 2023. In-person training in Penrith, NSW (Western Sydney area). **SCHEDULE**

FEE: \$AU600.00.

POLARITY THERAPY

Balances positive and negative polarities in the human body and energy field, through the four pillars of Polarity Therapy:

- ➤ Energy-based Therapeutic Touch
- ➤ Self Awareness
- ➤Therapeutic Movement
- ➤ Energy-based Dietary Principles.

TRAINING CREDIT

The Introduction is credited towards the Diploma of Polarity Therapy for participants who continue training to become ProfessionalPolarity Practitioners.

DURATION

2 days / 4 training sessions PRE-ENROL: 1 JAN, 2023. (Intro will not run if there are

insufficient enrollments.)

PROGRAMME DIRECTOR

Dr Ranna-Lesley Lachlan (PhD, BCPP, RPP, RPE, Grad D Mat Anth, DFA, Cred Ministry). Dr Lachlan, an Australian is a Board Certified Practitioner in the USA and Registered Polarity Educator. She has a health services and training practice in the USA and has served on the Board of Directors of the national Polarity Therapy Association in the USA. She is an Executive Member Practitioner of IICT.